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**Dementia Reversal with Coconut oil - in an 85yr old at 35 days.**

[Steve Trueblue](https://www.youtube.com/user/kimbo99)· [434 videos](https://www.youtube.com/user/kimbo99/videos)
[Channel settings](https://www.youtube.com/advanced_settings)

167,973 

1,294     54

0:02

Good morning, there, this is Steve in Sydney, from the **Lay Gnosis** website **truebluehealer.com**

0:07

Got some wonderful news for you and it

0:10

actually came out of bad news ! 0:13

I was forced to confront the fact, that my 85-year-old father suffering

senile dementia. We were losing him. His personality was disappearing.

0:22

He didn't recognize us anymore. He had face blindness

0:26

He was fumbling and dropping things. Couldn't walk correctly

0:29

He couldn't remember things

0:32

He didn't know who he was talking to on the telephone and he

0:36

couldn't do up shirt buttons, couldn't do up zips in the morning, often put two

2 shirts on, that sort of thing.

0:42

He had to be supervised getting dressed, the depressing thing was that his body

0:47

was very very sound. Doctors have assured him at 85 he had perfect

triglycerides cholesterol sugar levels, the whole thing, Nothing wrong with him physically whatsoever.

0:57

But they never mentioned his obvious dementia. He just couldn't remember faces

names and things.

1:03

and he was completely losing track of time. He was getting up middle of the night

 every couple of hours, wondering what to do next. He didn't have the good sense to even stay in bed if it was dark. He was told this numerous times, but he still got up out of bed even though it was dark.

So that's how confused he was with dementia.

1:24

This happens to a lot of people- millions of people

 Onscreen Summary panel

Face blindness

Can’t read clocks

Loss of time sense

Erratic sleeping

Loss of dexterity

Cant dress himself

Can’t do up buttons

Getting lost

1:30

Millions and millions of people, and it's a tragedy of,, you know, holocaust proportions. It's a silent holocaust.

1:37

We all accept it as natural normal, we can't do much about it. There is no cure

1:42

1:42

Now that's what the Big Pharma controlled media would have you believe.

1:45

We've been told the last twenty or thirty years that amyloid plaques are the chemical enemies

we have to beat

**On screen summary panel**

Brain Dementia. Amyloid plaques

are the publicly declared enemy.

On the TV.

Only Heroic Big Pharma

can defeat the evil amyloid plaques

 Bit like Bin Laden isn’t it ?

20 yrs FALSE message. Disempowering YOU.

1:58 We have to defeat them at a molecular level, and we have to wait for a patented

miracle drug from Big Pharma to defeat it. Disempowering YOU. Well it turns out that is completely false.

Got some news for you now

My father's dementia is being slowly reversed

with a very simple food 4 tablespoons of coconut oil

daily is the recommended does coming from a doctor

2:20

Mary Newport who discovered this in about 2007

2:24

it's still not widely known. She wrote a book about it. Will be linked

below this video. But she reversed it in her husband

And I’m reversing it in my dad whose eighty-five years old and now after 26 days

2:38

On the coconut oil only

 3 teaspoons spoons daily ‘cause it’s a laxative in some people

and he can only take a small amount- but he is still

coming out of his dementia slowly, and progressively.

2:54 in a very praiseworthy fashion. he can now

 read the time, and understand the time, and understand the time, but on which is

He was being actually written off, if you know what I mean we 3:06

We let him go,,this is natural, we had to let him go, it's a slow goodbye a slow death, a kind of living death.

3:10

That reduced us all to tears but

3:15

But at least now he's telling the time which is a major leap forward for someone with senile dementia to be reversing 3:23

their symptoms he's also now more up I

3:26

He is also now more conversationally active. He’s got far more energy

3:29

for chatting and talking and after years and years of silence when visitors come

3:34

it's just been noticed at about 35 days 3:37

he suddenly started talking and chatting amiably to 3:41

visitors so that’s

3:44

pretty good reversal in someone's supposedly irreversible symptoms at age

85

3:51

isn't it ! Now there's more to this coconut oil than you think, I'll tell you

how it works first. Coconut oil is a unique food in the sense that

it goes straight to your liver regardless of what else you've eaten.

and it's turned into a blizzard of ketones

4:10

which is an alternative fuel for your brain cells and

 muscle cells. Now it turns out

4:17

and there's a Rhode island Hospital study which will be linked below this video

4:20

that dementia has been reclassified as

**Type III diabetes**.

Its diabetes of the brain only, because it was noticed

4:31

that dementia often responds to diabetes medications

4:35

Now you don't know what diabetes is - There is a Type 1 Diabetes

4:40

where your pancreas stops making insulin altogether, the more common

4:44

epidemic type 2 diabetes, connected to obesity

4:48

is where your insulin sort of the half- works- or doesn't work- its got to be

4:55

Tuned up and improved with medications- life-long medications

4:59

according to Big Pharma..

5:04

Now diabetes is the failure of blood sugar to get into the cells of the brain

5:09

and the muscles and power the cells, in your tissues.

5:13

to do the normal work they do

5:16

I'll it's a wonderful accident of nature that

5:20

coconut oil provides these ketones which are an alternative fuel for muscles and

5:25

brains and my father on 1 teaspoonfull of coconut oil

5:31

hee began talking unexpectedly on the same day

5:36

So that's something you can do on anyone, who's underfunctioning lacking in

5:40

Energy 5:41

I a teaspoon- tablespoon full all five coconut oil could make

5:46

a helluva difference to them in just 24 hours

5:49

They sleep better straight away

5:55

Now of course I had to test it on myself and I discovered to my utter surprise

6:00

That it gave me I'm increase in stamina and physical strength carrying bricks you

6:04

see because I am 6:06

 building a house at the moment. I'm have to do lot of brick carrying moving

6:09

 a ton of bricks

6:12

from one place to another cause I don’t have enough room and I noticed

6:16

two things. Increase strength and stamina carrying bricks

6:20

Decidedly less fatigue, seemingly no fatigue. On two tablespoons

6:25

of coconut oil.Tthe following day I noticed another amazing benefit. I didn't

6:30

have any muscular aches and pains which I normally have

6:34

when I do a sudden spike of have hard physical work. Normally I’m laid up for a couple of days

6:39

With aching joints and muscles. Well I don't get it any more if I'm taking

6:43

 coconut oil, you see.

6:46

That's a wonderful discovery that you probably wouldn't Make unless someone

6:49

Tells you such as in this video.

6:51

Because it's not a typical western food. Far from it

6:55

It's a very unusual food and you wouldn't think to even go and try coconut

Oil, would you ? Unless someone tells you.

7:00

so II

7:05

Now with the Rhode island study where they have very boldly

7:10

taken this step to steer our thinking

7:13

Away from dementia being an unbeatable disease

7:17

Whereas in fact it's just another type 2 diabetes occurring solely in

7:21

the brain and this alternative fuel available namely

7:25 coconut oil becoming ketones in your liver

7:29

It causes one to speculate because it's already been proven effective on

7:36

some people's Parkinson’s disease

Since so many of the diseases

7:41

that we have are given different names too, like Lou Gehrig's disease

ALS which is a motor neurone disease and

7:48

Parkinson's disease they all seem to respond at least partially to this

7:52

coconut oil

7:53

So maybe they're all variations of diabetes of

the brain. Perhaps a diabetes is patchy in some people's brains- one area works

8:02

the other area doesn't

8:04

So which lays open the other big question

8:07

Are the burgeoning developmental difficulties we see in

people, growing more and more ike AUTISM

8:18

Are just parts of the brain starved of glucose during a critical

period of development ?

8:25

There have been some benefits reported by parents of autistic

kids - improved behaviour

8:33

So it's worth looking at for this, coconut oil

8:37

I might be a very simple remedy you can get in a

Your local ethnic food shop or your local supermarket

8:45

Typically you'll be buying it in the Asian cooking section of your

 Supermarket. In Sydney it's definitely not amongst all the cooking

Oils

Okay I'll say it again

8:57

 Coconut oil- It’s not in the the cooking oil section of Sydney supermarkets. it might

be the same in your area.

9:05

And it's not amongst the safflower oil the cornflour oil and

the canola oil and all that stuff, and the olive oil. It's not amongst those.

9:13

it's a solid, a fat at room temperature Like grey lard.

9:16

It becomes a liquid five degrees warmer, clear liquid, very quickly

and is normally found amongst noodles and Asian cooking

in another section of the supermarket

Now probably the cheapest place to buy it would be an ethnic food shop

in your area thanks to multi-culturalism we are all mixed up today.

9:37

and Sydney is very lucky we have 150 nationalities and 150 ethnic restaurants

and ethnic food shops so there's plenty of places to go and get very very cheap

coconut oil to do a very cheap experiment on yourself

and people close to you

9:54

Now how important is this to you ?

9:58

I was so surprised that it gave me increased physical strength because I've

been reading up on its brain effects you see., I was wondering if it would improve my sleep

concentration,,peace of mind or anything like that.

10:16

 Now Is this good news or is it bad news, well. uh ......

10:20

it's so convincing a few people have tried it already, the pentagon is interested

10:24

in feeding coconut oil to US soldiers So coconut oil may become standard

combat rations. Now there is someone else called **Doctor Veetch**

10:35

Who has already produced a very cheap liquid drink

10:39

the product is ten times more rich in ketones

than coconut oil,. as soon as you

consume it. and the reason it hasn’t taken off yet and landed on the TV

and been put in all health food drinks yet,

10:54

is that it's so cheap you can’t make a profit selling it, so nobody

will produce it. It's been tested on mice has been tested on people

11:02

It's only been made in small quantities so far

11:06

But I think we can trust the US military to bring out a ration pack or something

or some kind of health food tablets using the ketone principal

of the alternative fuel for combat soldiers to be

physically stronger, have greater physical stamina and less

Fatigue in combat, so we can almost guarantee

this is a done deal. the Pentagon will be spending millions ($12million already)

to develop ketone foods and from the military things normally flow to the

commercial circles

So one day it's likely we're going to see ketone formulas

mimicking coconut oil in coca cola type soft drinks.

energy drinks etc so you can look forward to that

11:47

But meanwhile you have to put up with Natures own cure which is simple coconut oil

readily available cheaply available and giving you

almost instant results on the day you purchase it

11:59

You’ll get some change

12:04

Now I put a link below this video to the effect that

12:08

British Olympians and footballers are already taking coconut oil beccause they know

it improves their strength and stamina

Doing sports physical activities, now- that's quite an endorsement isn’t it !

12:18

the link is below this video apparently

it's been used

sort of semi secretly by weightlifters for years

12:25

I must confess I never knew that !

12:29

 But I certainly confirmed that accidentally and utterly objectively, by myself,

12:33

Being able to carry a ton of bricks

Literally 1000 kilos of bricks, without having any

12:38

Aches and pains, or side effects the following day

12:42

It truly surprised me. And I recommend it to you

12:46

And if you're not carrying bricks, and who's doing that? It's unusual

12:52

You take coconut oil, and probably within 20-30 minutes you'll find you can

run-up stairs quicker, you will notice an improvement in your

12:59

leg strength, OK ?

13:03

An improvement your leg strength going upstairs, you'll notice, that's a good

13:07

Indicator

13:08

that the coconut oil is working on you, providing an alternative fuel

13:11

to your muscles.

13:16

If you just think about it a lot of people today complain of fatigue and lack of

13:20

rest, these days, they can’t get enough rest, rest doesn't work for them

13:24

13:27

They don’t get refreshing sleep. Bad sleep is a common problem

13:33

Now it goes like this and this is kinda fascinating

13:36

About biochemical individuality. Myself and my mother

13:39

 If we take too much of his coconut oil, it relaxes us so much, we both fall

13:43

into asleep.so we have to **lower the dose** !

13:47

Does that surprise you ? That something giving you energy would actually calm you down

13:52

So it's not like being pumped up with adrenaline following a drink of coffee

13:56

it's nothing like that- a caffeine boost - it's quite dissimilar

14:01

And I'll tell you how different differently to fix myself and you might

14:05

write something under the video on how it affects you, when you got some from a cheap Island shop

14:09

14:10

Cheap ethnic food shop and

14:14

What coconut oil does for me, is that I have it on my cornflakes in the morning

14:18

It vanquishes hunger and thirst for about six to seven

maybe 8 hours and 14:25

all day spend, I I have the attitude that I've been

14:30

 surrounded by food everywhere. I go to take away food Bars stuff like that

14:33

and guess what ! Its put me off eating

14:37

Suddenly I realize that i’ve been eating way too much. Coconut oil is a much

14:41

Easier thing to do, and my father's been saying the same thing, that he feels full

14:46

that he is eating way too much food, way too much food

14:50

Way too much food my dad is saying, telling my mother's too many cornflakes

14:54

too much bread, don't give me this, don't give me that

14:56

So my father's lowering his food intake on

**3 teaspoons of coconut oil**,,this coconut oil, right ? Now

15:04

I'm doing the same thing is suddenly realize that your

basically eating for social reasons ( recreational eating) People saying have one of these

15:12

have a piece of that, You have a drink of this so I'm

15:15

track now I actually put you off food you just don't need it because you have

15:19

greater stamina yet more interested in what you're actually

15:21

doing and activities rather than

15:27

running from activities, by eating and drinking as a diversion

15:31

because you really don't want to do the activities. okay So it changes your attitude15:34

activities

15:36

on a daily basis. That's my personal experience and my Dad's experience

15:41

Now my sister she's been on coconut oil for two weeks

15:44

She’s tubby and she's lost 2.6 kilos

15:48

How about that ? Is that worth looking at ! Coconut oil is reputed

to cause weight loss in some people

15:56

It's with an experiment if you're suffering, if you're part of the obesity

epidemic. it's an alternative energy

16:04

and you can do a lot more work with ketones in you rather than carbohydrates

16:10

so how's that for an announcement for you ? Now, what can you do

16:14

with all this information? Well, do this cheap 5 dollar experiment that's what

it cost me in Sydney, $5 for a little jar of coconut oil for start the experiment on your good self

Tell other people that what you are doing. Mention it to a few other people

16:30

Talk to senior people it's also reputed to **improve arthritis** because

Coconut oil has **anti-inflammatory properties**.

16:39

It also kills bacteria it contains caprylic acid which kills

intestinal fungus called candida, candidiasis

16:49

which often comes after you

16:52

have antibiotics in your system for

say a couple of weeks. You can have a white

 milk called **candidiasis**

17:01

growing all over your tongue and it goes right through your body

17:05

Now coconut oil kills it quick smart Its a good way of keeping down candida

growth

17:10

Keeping your candida at the correct level. You do need to have some

17:14

candida in you.

17:19

 Now I can’t help being a little bit cynical here I'm

17:22

Um somethings- people just realise resources- businesses certainly look for

17:27

opportunities

17:28

realize resources wherever they are and exploit them. Its natural

17:31

That’s the way businesses operates. But it could be said, cynically

17:37

that dementia not having a cure in the mainstream media not

17:41

having any kind of remedy

17:42

 keeps the dementia farms going, and by that I mean the dementia

17:48

farms - are aged-care homes- the way people are given up

17:52

as lost, beyond help, they are put into a home to be cared for until I

they physically die

17:58

and a by product of that is that you can put thirty

18:03

medications daily into into each dementia patient

18:07

So it's not too far a stretch, to call aged-care homes

18:10

dementia farms and I do suspect that maybe

18:14

that's one of the reasons Big Pharma hasn't been too energetic at

18:17

finding a cure for dementia

18:19

because by not curing it, and you can pump thirty drugs

18:24

daily into each dementia patient so it would be a growing market but it

18:28

would bankrupt our society

18:30

bankruptcy our medical systems, if we just let people naturally progress into

18:35

dementia when a simple food

18:37

can reverse it in most people

18:40

So you can do your little bit against Big Pharma

18:44

Take some of their profits away by not letting your precious relatives

18:49

into these aged-care homes. You might even be able to get them

18:52

out of an aged care home. Half the medications they’re on are probably not necessary

18:57

That's something you have to decide yourself

19:01

but coconut oil as an experiment you can put in somebody's tea to you while you're

19:04

talking to them

19:05

you can visit them put a teaspoonful into a cuppa tea or a cuppa coffee

19:10

and swell it down, you don't notice it it doesn't have a strong coconut

19:14

Taste It barely has any taste whatsoever

19:18

So there is an experiment you can do with anyone who's feeling a bit ill

19:22

lacking in energy lacking motivation

19:26

That sort of thing. So is that a handful for you? Have I said a mouthful for you?

19:31

Have I hit you with enough information in this video ?

**End panel**

Coconut oil improves diabetic sugar regulation

Reverses dementia in many people 4 tablespoons daily.

As well as improving Parkinson’s

Some people report weight loss

Boosts physical strength and stamina

Works very quickly 20-30mins

Get some today.

Tell one person per week